

PHASE 1= weekly review hearings

PHASE 2 = biweekly review hearings

PHASE 3 = monthly review hearings

STAGES OF CHANGE

Correlating
MHC
PHASE

PHASE

1

PRECONTEMPLATION

Does not believe a problem exists. No intention of changing behavior.

PHASE

1

CONTEMPLATION

Recognizes a problem exists. Considering treatment. No commitment to action.

PHASE

1

PREPARATION

Intent upon taking action. Ready to begin treatment.

PHASE

1 & 2

ACTION

Actively engaged in treatment; regular attendance at all appointments and hearings; taking necessary steps to address issues.

PHASE

3

MAINTENANCE

Continued engagement in treatment. Focused on sustaining new behavior. Must be in this Phase for a minimum of 90 days with no probation violations prior to successful completion of Mental Health Court.

GOAL